### WELCOME FROM MANOR LAKE



# Thank you for considering Manor Lake BridgeMill Assisted Living & Memory Care Community.

Each team member joins us in welcoming you to our community. We are pleased that you have chosen us as a potential home for yourself or your loved one. As you begin the search for an assisted living community, please look over this important information, take the time to tour our community, and obtain a feel for what sets us apart from other senior living choices.

We are dedicated to making your decision to move here one that you feel good about now and for years to come. We want to ensure that your life here is as productive, secure, and satisfying as possible. Please feel free to contact us with any other questions you may have and thank you for considering Manor Lake BridgeMill.

From your family at Manor Lake

### **ACTIVITIES & SOCIAL HIGHLIGHTS**

#### **EDUCATIONAL**

You Be The Judge • Book Club • Documentary Series Travel Club • Culture Exploration • Happy Hour

#### **CREATIVE ARTS**

Sewing • Knitting • Painting • Pottery Jewelry Making • Wood Crafting • Scrapbooking

#### **WELLNESS**

Exercise Programming • Health Checks Yoga/Tai Chi • Walking Club • Gardening Music/Pet Therapy • Spiritual Services & Activities

#### **ENTERTAINMENT**

Live Music • Dramatic Readings • Trips & Outing Recitals • Cooking Demonstrations • Intergenerational Activities



### SERVICES & AMENITIES

#### **COMMUNITY AMENITIES**

We have created a comfortable and home-like neighborhood with everything you need at your fingertips.

No Annual Lease Senior Friendly Exercise Room On-Site Physical, Occupational & Speech Therapy Personal Pendant Call System Individualized Personal Safety Checks Back Up Emergency Generator On Site Concierge Services Caring Staff On Site 24/7 24 Hour Nursing Oversight Wellness Program Medication Management Pharmacy Services Seasonal Menu Private Dining Room Available 24 Hour Café Access On-Site Beauty And Barber Salon

Deluxe Spa
Keyless Rooms And Building Access Allowing
For Security
Individually Controlled Room Heat And Air
Refrigerator
Basic Cable And Telephone Service
Wireless Internet
Easy Access Walk-In Shower With Safety Rails
Scheduled Transportation:
Doctors, Shopping, Entertainment
Full Social Calendar
Instructor Led Daily Exercise
Book Club
Movie Nights
Church Services

#### ADDITIONAL MEMORY CARE AMENITIES

Individuals who have received extensive training in Alzheimer's and other memory impairment, staff our community. Our staff understand that the needs of each resident are as unique as the individual themselves.

24 Hour Nursing Oversight Caring Staff On Site 24/7 Assistance With Daily Living Reminders And Cueing As Needed Engaging Calendar Of Activities And Entertainment Seasonal Menu Snacks Throughout The Day



### SAMPLE MENUS

#### CHEF SPECIALS

#### **Breakfast**

Eggs Cooked to Choice Milk, Juice, Coffee or Tea Fruit & Cereal of your choice

#### Lunch

Apple Pork Chops Duchess Potato & Seasoned Asparagus with a Wheat Roll Cheesecake W/ Berries Coffee, Tea or Milk

#### Dinner

Hearty Vegetable Soup And Whole Wheat Crackers Peanut Butter Brownie Coffee, Tea or Milk

#### **REGIONAL FAVORITES**

#### **Breakfast**

Cinnamon French Toast Milk, Juice, Coffee or Tea Fruit & Cereal of your choice

#### Lunch

Chicken and Dumplings with Herbed Green Beans and a Wheat Roll Apple Pie Coffee, Tea or Milk

#### Dinner

Pulled Pork with BBQ Sauce and Wheat Bread Red Velvet Cake Coffee, Tea or Milk

Please note: This menu is just an example. More choices are available daily and throughout the month.

#### **MEAL SCHEDULE:**

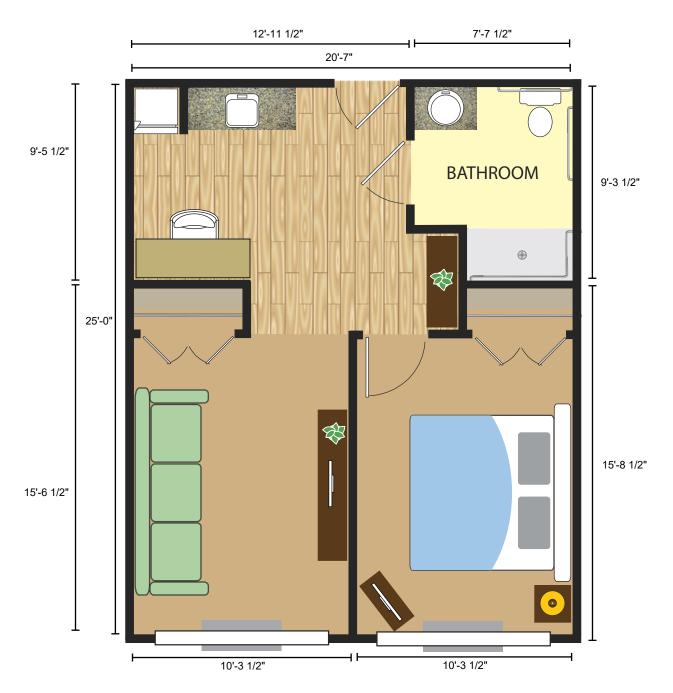
Meals are served daily at your table in the Assisted Living and Memory Care Dining Rooms.











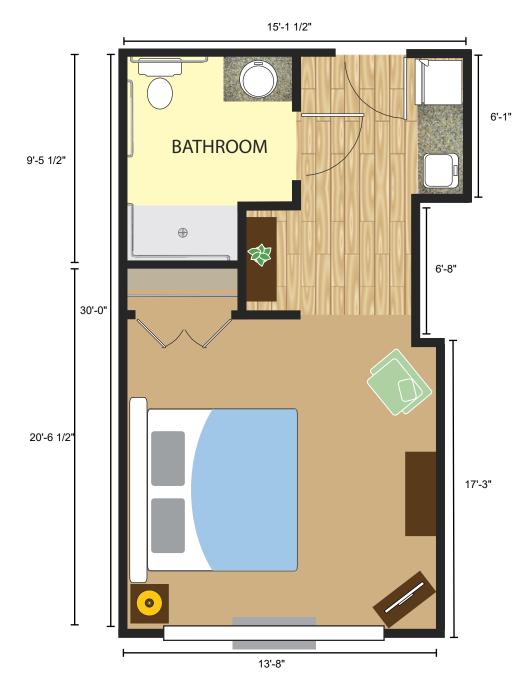
Assisted Living 1-Bedroom Suite 518 SQ FT (APPROXIMATE)





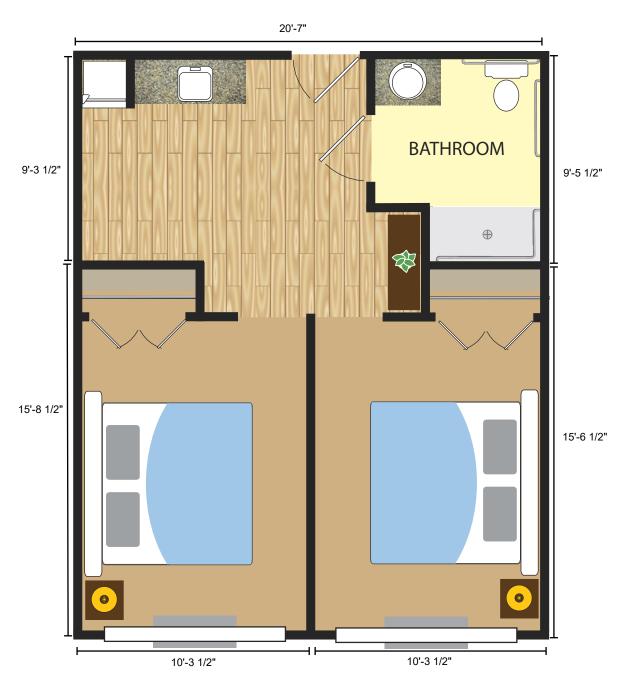
Assisted Living Studio 421 SQ FT (APPROXIMATE)





Memory Care Studio
421 SQ FT (APPROXIMATE)





Memory Care Semi-Private Suite 518 SQ FT (APPROXIMATE)

